At Parkland, we support children in following the **SMART rules** when accessing the internet –

For follow up information, quizzes and videos, visit the Childnet website
https://www.childnet.com/young-people/primary/get-smart

It can be hard to know how best to support your children in staying safe online while giving them the opportunities to utilise and enjoy the internet. This half termly newsletter aims to offer guidance and signpost useful links.

If you require additional advice or have specific concerns, please do not hesitate to contact the school office directly.

Filters & Parental Controls

Parental controls can help to protect and prevent your child from seeing something online that they shouldn't. While there is no system which is guaranteed to block all inappropriate content, it is important we do what we can.

By implementing controls on your internet and devices, you can;

- filter and block inappropriate content
- set time limits on use
- set different limits on each member of the family

For more information and support, follow these links –

https://parentinfo.org/article/what-are-parental-controls-and-how-can-they-help-children-stay-safe-online

https://www.childnet.com/parents-and-carers/hot-topics/parental-controls

TikTok

TikTok is a social media platform that lets you create, share and watch 60 second videos.

It has an official age rating of **13+**

As with all online content, most people use this platform responsibly. However this is not always the case.

Net-aware.org.uk recommend using **Family Pairing** to link parents into children's Tiktok accounts to monitor content, screen time and view any direct messages sent or received.

For further TikTok advice and support for parents, follow this link https://support.tiktok.com/en/privacy-safety/for-parents-en

Top Tips!

While children often enjoy accessing a range of social media platforms, it is important we are aware of the age restrictions which have been placed on them.

Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

Under 13
- Roblox
- PopJam
- FaceTime

13+
- Twitter
- Facebook and Messenger
- Viber
- WeChat
- Monkey
- Yubo
- Dubsmash
- Instagram
- TikTok
- Skype
- Google Hangouts
- Reddit
- Snapchat
- Pinterest

Sourced from NSPCC website October 2019

16+
- WhatsApp
- Telegram Messenger
- Tumblr

17+
- Line
- Sarahah
- Tellonym

18+ or 13 with parent's permission
- YouTube
- WeChat
- Kik
- Flickr
- Play Store
- Spotify (12 with parental permission)

You don't need to be an expert on the internet to help keep your children safe online.

Together we can support children to use the internet safely, responsibly and effectively.

NSPCC — Online Resources for Parents

https://www.nspcc.org.uk/keeping-children-safe/online-safety/

https://www.thinkuknow.co.uk/parents/

https://www.saferinternet.org.uk/advice-centre/parents-and-carers

https://nationalonlinesafety.com/guides

THINK U KNOW .CO.UK

UK Safer Internet Centre
www.saferinternet.org.uk

National Online Safety
NOS