



Dear Parent/Carers,

KS2 Breakfast Provision



Starting on **Monday 5th October**, we have received funding from the National Schools Breakfast programme to provide a healthy breakfast option to all children each morning. This provision is funded until March 2021. It allows us to provide a breakfast bagel portion to any child who would like to access it each day.

The importance of a healthy breakfast is well known to support children with concentration and improved wellbeing and is often a key factor in helping children to access their learning. We are very aware that many children will access a healthy breakfast at home, but others for a range of reasons may not.

We will have bagels on offer to all children each morning and will be doing some work with children about the importance of having a healthy breakfast before school. The bagel recipe is as healthy as possible to give children the best start to their day; free from preservatives, artificial additives and e-numbers, low in saturated fat and a good source of fibre and Vitamin D, as well as being suitable for vegetarians and Halal approved.

Allergen Information:

The bagels will be spread with low fat spread should the child wish. They contain gluten and may also contain milk, sesame and egg as they are made in a factory which uses these products. Unfortunately, at this time we are unable to offer a vegan alternative, but this is something we can look at introducing once the provision is in place if there is a need. If you would like your child's teacher to know that you would like your child to access a bagel portion each morning, or not then please complete the Microsoft Form: [KS2 Breakfast Provision](#)

If you choose not to complete the form, then a bagel portion will still be on offer to your child **unless you have asked for them not to have access on the Microsoft Form.**

If you have any concerns or further questions, then please contact your child's teacher.

Many thanks,

Mrs Phillips
Assistant Headteacher