

At Parkland, we support children in following the **SMART** rules when accessing the internet –

The poster features the title 'Be smart on the internet' in a stylized font. Below the title are five rows, each representing a rule: 'S SAFE', 'M MEETING', 'A ACCEPTING', 'R RELIABLE', and 'T TELL'. Each rule includes a brief explanation and an icon. At the bottom, there is a KidSMART logo and a URL: www.kidsmart.org.uk. The background is red with various icons related to internet safety.

Be smart on the internet

S SAFE Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

M MEETING Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

A ACCEPTING Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

R RELIABLE Information you find on the internet may not be true, or someone online may be lying about who they are.

T TELL Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online. You can report online abuse to the police at www.thinkuknow.co.uk.

www.kidsmart.org.uk

KidSMART Visit Childnet's Kidsmart website to play interactive games and test your online safety knowledge. You can also share your favourite websites and online safety tips by Joining Hands with people all around the world.

For follow up information, quizzes and videos, visit the Childnet website <https://www.childnet.com/young-people/primary/get-smart>



Online Safety Newsletter

Autumn 2 2020

It can be hard to know how best to support your children in staying safe online while giving them the opportunities to utilise and enjoy the internet. This half termly newsletter aims to offer guidance and signpost useful links.

If you require additional advice or have specific concerns, please do not hesitate to contact the school office directly.

Filters & Parental Controls

Parental controls can help to protect and prevent your child from seeing something online that they shouldn't. While there is no system which is guaranteed to block all inappropriate content, it is important we do what we can.

By implementing controls on your internet and devices, you can;

- filter and block inappropriate content
- set time limits on use
- set different limits on each member of the family



For more information and support, follow these links –

<https://parentinfo.org/article/what-are-parental-controls-and-how-can-they-help-children-stay-safe-online>

<https://www.childnet.com/parents-and-carers/hot-topics/parental-controls>



TikTok

TikTok is a social media platform that lets you create, share and watch 60 second videos.

It has an official age rating of **13+**

As with all online content, most people use this platform responsibly. However this is not always the case.

Net-aware.org.uk recommend using **Family Pairing** to link parents into children's Tiktok accounts to monitor content, screen time and view any direct messages sent or received.

For further TikTok advice and support for parents, follow this link <https://support.tiktok.com/en/privacy-safety/for-parents-en>

Top Tips!

Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

Under 13



Roblox



PopJam



FaceTime

13+



Twitter



Facebook and Messenger



Viber



WeChat



Monkey



Yubo



Dubsmash



Instagram



TikTok



Skype



Google Hangouts



Reddit



Snapchat



Pinterest

16+



WhatsApp



Telegram Messenger



Tumblr

17+



Line



Sarahah



Tellynym

While children often enjoy accessing a range of social media platforms, it is important we are aware of the age restrictions which have been placed on them.

18+ or 13 with parent's permission



YouTube



WeChat



Kik



Flickr



Play Store



Spotify
(12 with parental permission)

Sourced from NSPCC website October 2019

You don't need to be an expert on the internet to help keep your children safe online. Together we can support children to use the internet safely, responsibly and effectively.



Online Resources for Parents

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://www.thinkuknow.co.uk/parents/>

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

<https://nationalonlinesafety.com/guides>

