



Parkland
Primary School

Learning together

ANTI- BULLYING POLICY

Prepared by:	JW and School Council and shared with parents.	First Issued:	
Approved by:	Governing Body	Last reviewed:	Nov 2012
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STATEMENT OF INTENT

We are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. We are a *TELLING* school. This means that *anyone* who knows that bullying is happening is expected to tell the staff. Our School policy is based on the model policy supported by the Local Authority.

We hold Anti-Bullying themed assemblies and the messages about Anti-Bullying form part of our school ethos and are talked about through class lessons and PHSE. We adopted the slogan 'See it, Get Help, Stop it'.



At Parkland we use **STOP!**

If we think we have been bullied we ask ourselves to think about 'STOP' which stands for SEVERAL TIMES ON PURPOSE.

If it is, then we move to using STOP 2 stage:

START TELLING OTHER PEOPLE.

What Is Bullying?

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- Emotional being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist racial taunts, graffiti, gestures
- Sexual unwanted physical contact or sexually abusive comments
- Homophobic because of, or focussing on the issue of sexuality
- Verbal name-calling, sarcasm, spreading rumours, teasing
- Cyber All areas of internet ,such as email & internet chat room misuse
Mobile threats by text messaging & calls
Misuse of associated technology , i.e. camera & video facilities

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Why is it Important to Respond to Bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Pupils who are bullying need to learn different ways of behaving.

At Parkland School we have a responsibility to respond promptly and effectively to issues of bullying.

Objectives of this Policy

- All governors, teaching and non-teaching staff, pupils and parents should have an understanding of what bullying is.
- All governors and teaching and non-teaching staff should know what the school policy is on bullying, and follow it when bullying is reported.
- All pupils and parents should know what the school policy is on bullying, and what they should do if bullying arises.
- As a school we take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported.
- Bullying will not be tolerated.

Signs and Symptoms

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- is frightened of walking to or from school
- doesn't want to go on the school / public bus
- begs to be driven to school
- changes their usual routine
- is unwilling to go to school (school phobic)
- begins to truant
- becomes withdrawn anxious, or lacking in confidence
- starts stammering
- attempts or threatens suicide or runs away
- cries themselves to sleep at night or has nightmares
- feels ill in the morning
- begins to do poorly in school work
- comes home with clothes torn or books damaged
- has possessions which are damaged or "go missing"
- asks for money or starts stealing money (to pay bully)
- has dinner or other monies continually "lost"
- has unexplained cuts or bruises
- comes home starving (money / lunch has been stolen)
- becomes aggressive, disruptive or unreasonable
- is bullying other children or siblings
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is afraid to use the internet or mobile phone
- is nervous & jumpy when a cyber message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.

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What do we do?

- ✓ We talk about bullying at School Council Meetings-
- ✓ We expect staff on play and lunchtime duty to record incidents on a daily basis
- ✓ We instigate through staff monitoring/observation of potential bullies- highlighted by other pupils, parents or staff.
- ✓ We complete an annual survey for pupils and parents
- ✓ We have trained friendship buddies.

Procedures

1. Each morning we update staff about children who are at risk from bullies or who need observing as a result of information for home, pupils or other staff.
2. Children that are observed bullying have the incidents recorded by all staff.
3. In serious cases, or if the child concerned is not stopping their behaviour, parents will be informed, by letter or phone and will be asked to come in to a meeting to discuss the problem
4. If necessary and appropriate, police will be consulted
5. The bullying behaviour or threats of bullying will be investigated and the bullying stopped quickly
6. All attempts will be made to help the bully (bullies) change their behaviour

Outcomes

After careful and thorough investigation and follow up the follow outcomes will take place

- 1) The bully (bullies) may be asked to genuinely apologise. The bully (bullies) will have consequences agreed with school staff /and parents if necessary. This may mean missing a playtime. The bullies will still be monitored until the school is sure the situation has resolved.
- 2) If bullying persists, there a fixed term exclusion , for lunchtimes will be considered.
- 3) If there is a serious incident involving bullying a longer period of exclusion will be instigated.
- 4) If possible, the pupils will be reconciled
- 5) After the incident / incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.

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Prevention

We will use methods from the website –beyondbullying.com for helping children to prevent bullying. As and when appropriate, these may include:

- writing a set of school rules
- taking part in Anti-Bullying Weeks
- signing a behaviour contract
- Having a pupil Anti-Bullying Code- written with School Council
- writing stories or poems or drawing pictures about bullying
- Designing Anti-Bullying Posters.
- reading stories about bullying or having them read to a class or assembly
- making up role-plays (or using KIDSCAPE role-plays)
- having discussions about bullying and why it matters in circle time and assemblies.
- Having a pupil Friendly Anti-Bullying Policy

HELP ORGANISATIONS:

Leicestershire Anti-Bullying Team -www.beyondbullying.com

Advisory Centre for Education (ACE) 020 7354 8321

Children's Legal Centre 0845 345 4345

KIDSCAPE Parents Helpline (Mon-Fri, 10-4) 0845 1 205 204

Parentline Plus 0808 800 2222

Youth Access 020 8772 9900






Bullying Online www.bullying.co.uk

www.antibullyingalliance.org.uk

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If you are being bullied:

Do.....

-  Use eye contact and tell them to go away.
-  Ignore them
-  Walk away.
-  Act as though you don't care what they say or do.
-  Remember it is **NOT YOUR** fault.




My promises...

What should I do if I see someone else being bullied?

- Don't walk away and ignore the bullying.
- Let the bully know what is happening.
- Tell the bully to S.T.O.P. if it is safe to do so.
- Don't stay silent or the bullying will keep happening.

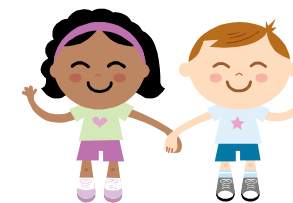
Together we can **STOP** Bullying

At Parkland we follow the aims set by the Leicestershire Anti-Bullying Team.

1. We will work together to STOP bullying.
2. We want our school to make everyone feel safe and happy.
3. To deal with bullying in our school we will help everyone
 -  To get on well together
 -  To respect and understand each other
 -  To believe that everyone has a right to be who they are.



Child Friendly Anti-Bullying Policy



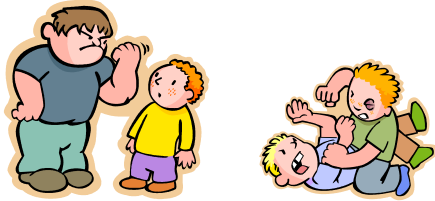
Made with the pupils at Parkland
With help from:
Leicestershire Anti-Bullying Team
www.beyondbullying.com

Tel:0116 2845100

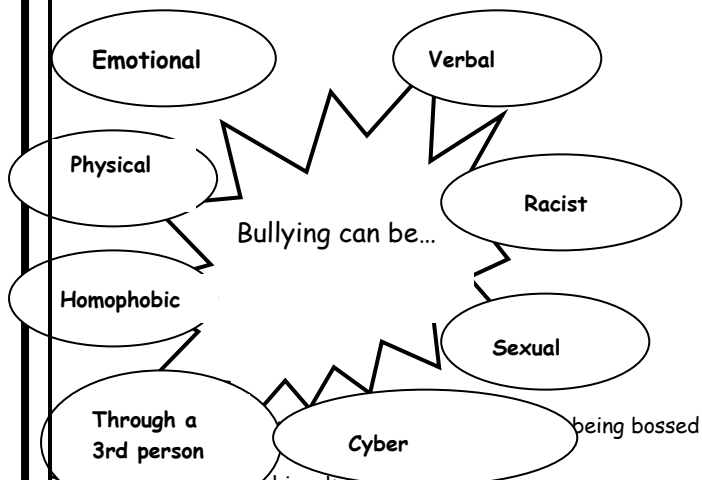


What is bullying?

In Parkland Primary School a bully is someone who hurts someone more than once, by using behaviour which is meant to hurt, frighten or upset another



person.



Physical: hitting, pushing, kicking, spitting

Homophobic: calling people gay or lesbian

Through a 3rd person: Getting a friend to say or do things that are nasty for you.

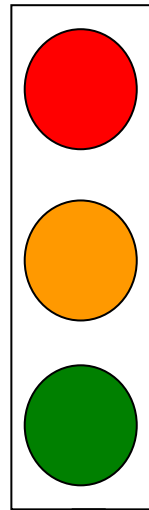
Verbal: teasing, name calling, hand signs

Racist: graffiti. Calling you racist names

Sexual: Rude comments, touching you when you don't like it.

Cyber: texts, email, websites.

When is it bullying?



SEVERAL
TIMES
ON
PURPOSE

STOP!

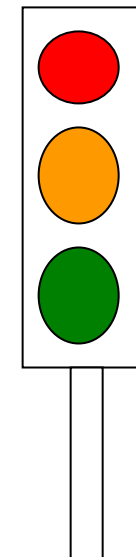
What we do in school to help...

- We take bullying seriously
- We find a way to make it STOP, so you can feel safe and happy in school.

Who can I tell?



What should I do if I am bullied?



Start
Telling
Other
People

